

## **Public Access to the AdiZone at Ringmer Community College**

Listed below are the adiZone opening hours for use of the outdoor fitness equipment at Ringmer Community College by members of the public, as achieved through joint funding by Adidas and out of a developers' contribution associated with the housing at The Forges, with the encouragement, support & help of the Parish Council.

The equipment is in the former playground area just to the right of the college's main reception if you approach it from Lewes Road. There are instructions for use on each piece of equipment. Users should respect the privacy and quiet enjoyment of houses that abut the area.

### **AdiZone Community Opening Times**

#### **Summer Opening**

April May June July August September

8 am to 8.45 am term time Monday to Friday inclusive

3.30pm to 9 pm term time Monday to Friday inclusive

8 am to 5 pm during school holidays

9 am to 12 noon Saturday & Sunday

#### **Winter Open Times**

October November December January February March

8 am to 8.45 am term time Monday to Friday inclusive

3.30 pm to 4.30 pm term time Monday to Friday inclusive

8 am to 4.30 pm during school holidays

9 am to 12 noon Saturday & Sunday

#### **Bank Holidays**

Closed